

# Family Time Handout

Week of October 11-17



Have you ever read the book of Psalms? If you have, have you ever thought to pray what you are reading? Praying words from the Bible can be powerful! Let's look at some Psalms this week that we can pray. If you have time, read more of the chapter than just the few suggested verses. Use the method below to have conversation with your kids.

**\*\*For more ideas on praying with your kids, check out the book What Every Child Should Know About Prayer by Nancy Guthrie**

**Day 1:** A Psalm to help you TRUST God [Psalm 56:3]

**Day 2:** A Psalm to help you ask God for HELP [Psalm 121:1-3, 7-8]

**Day 3:** A Psalm to help you enjoy God [Psalm 16:2, 7-9, 11]

**Day 4:** A Psalm to help you LOVE God [Psalm 18:1-3]

**Day 5:** A Psalm to help you ask God for what you NEED most [Psalm 25:4-5]

**Following the Risen Motherhood Abide Method of "How to Study Scripture with Your Kids," each day do these 4 steps with the section of scripture you are reading:**

**Step 1: Read** the portion of scripture out loud. Next, remind them of these 3 things. "The Bible is True." "The Bible is the most special book." "The Bible is God's word, written for us to know Him."

*Remind them to listen carefully because this passage will tell them important things about who God is, who we are, and what God's plan is for us in Jesus.*

**Step 2: Observe.** Ask your child comprehension questions to help them recall important details about the passage. Focus on: Location, Characters, Actions, Memorable/notable events – especially about who God is and what his plan is for people.

**Step 3: Apply.** Encourage your kids to think about how this text applies to their everyday lives. Have fun brainstorming!

*This can also become a time of confession with one another, encouraging each other towards good words/deeds, offering affirmation to other family members and even openly sharing the gospel.*

**Step 4: Interpret.** Make note of any questions your children have. These questions might be the only conversation starters you need to have some important light bulb moments. If they are stuck, consider asking: "Why do you think God put this in the Bible?" "How does what we read in this story show God cares?" "How does this show us Jesus?"

**PRAY TOGETHER AS A FAMILY:**

**Praise God** that He is trustworthy.

**Thank God** that He wants us to talk to Him.

**Confess** that often you forget to stop and talk with Him.

**Lament** that we do not always ask for his help and want to.

**Ask Him** to help you enjoy Him more each day.